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BEAUTY: THE BEYONCE TREATMENT AT BEYOND MEDISPA



Harvey Nichols, is slowly but cautiously becoming one of my favourite destinations. I can [shop](#) and perfect my skin under one roof. Just before [London Fashion Week](#) I visited Beyond Medispa London located in Harvey Nichols, offering advanced medical and aesthetic treatments which replenish the body and face. As my sister Beyonce "cough" gave me the heads up about her five-star experience, I knew I had to try it.

I had the highly acclaimed HydraFacial™. It is a revolutionary non-invasive skin treatment which works by improving the health of your skin. There are a quite a number of steps in comparison to your average facial so let me fill you in on the process so you know what to expect.

Step 1: Facial lymphatic drainage to improve blood circulation through the removal of toxins from the skin. 33% of the lymphatic system is in the face.

Step 2: Deep cleansing and exfoliation using specialist serum; this deeply cleanses the skin to soften the sebum and impurities. Firms and smooths the skin.

Step 3: [GlySal acid peel 7.5%](#). Uses glycolic acid with a salicylic buffer to exfoliate and gives a visible skin rejuvenation.

Step 4: Extractions using serum beta-HD. This softens impurities, highly moisturises the skin and lightens hyperpigmentation.

Step 5: Red LED therapy. Helps with the production of vitamin D in the skin. Followed by Blue LED therapy to improve skin inflammation like acne.

Step 6: A tailor made mask for your skin type.

Step 7: Hydration. Using serums with hyaluronic acid and anti-oxidants vitamin E and A, to seal, replenish and hydrate.

After my treatment my skin looked amazing-ly plumped, smooth, and hydrated. A few additional treatments would help massively with my hyperpigmentation, as I did see a massive difference after a few days. I'd hardly say that this is a quick fix, but like with anything to see proper results, you do need to run a course of treatments.

Details:

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