

Protect your skin from the **SUMMER!**

Throughout the year it's important to have a good skincare regime as the seasons change. Different conditions bring a different set of potential threats to your skin looking smooth, glowing and radiant. We asked the experts at Beyond Medispa for their advice on how to keep your skin looking its best during the summer.



In the summer our skin changes, days get longer, the weather is warmer; but what does this mean for your skin?

Our lips are important to protect as they have no oil glands, therefore cannot protect themselves from harmful rays or free radicals.

For this reason we always advise our patients to pat their PH Advantage Daily Anti-oxidant over your lips, face, neck and décolleté to ensure optimum protection and luscious, hydrated lips all summer long.

Due to extra perspiration and other lovely things the summer brings such as bathing in sea water, swimming pools and sun creams, our skin tends to get more dehydrated, which once the summer is over leaves us scaly and lacklustre.

Our PH Advantage Hyaluronic Serum is our super hero product, keeping your skin plumped and hydrated throughout the summer months. We also advise using a gentle exfoliating cleanser, swapping our Glycolic cleansers (better used in winter Months) to the refreshing PH Advantage Polybead Cleanser.

Having monthly facials will also help to keep your skin in its best possible health during the hotter weather.

At Beyond Medispa we recommend our celebrity favourite HydraFacial, which is a deep cleansing, exfoliating, detoxifying, hydrating wonder facial.

Beyond Medispa Manchester's clinic manager Katie Hughes-Dawkins says

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I have worked in the beauty and aesthetic industry for 18 years and the HydraFacial is hands down the best facial I have ever come across.

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The HydraFacial Process:

- **Step 1.** Cleansing and Exfoliation. Dead skin cells are removed to reveal healthy new skin.
- **Step 2.** Infusion of glycolic solution which helps to loosen impurities, blackheads and debris from pores without irritation.
- **Step 3.** Extractions. Painless, automated extractions use vortex suction to clean out pores and remove blackheads.
- **Step 4.** Hydration. Antioxidants and Hyaluronic Acid are infused to nourish and protect the skin.
- **Step 5.** Maintain. The HydraFacial Daily Essentials help maintain, prolong and enhance results between treatments.

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M E D I S P A

The HydraFacial is available at Beyond MediSpa in
Harvey Nichols
London | Edinburgh | Manchester | Leeds.